

## MIEKE, WILLEN W'EENS DANSEN? (continued)

- C2 1-2 Repeat action meas 1-2 (C1).  
       3 Put R knee on the floor.  
       4 Put L knee on the floor.
- A+B1+B2 Repeat pattern A, B1 and B2.
- C3 1-4 Repeat action of meas 1-4 (C2).  
       5 Put R elbow on the floor.  
       6 Put L elbow on the floor.  
       7 Put the forehead on the floor.
- A+B1+B2 The dancers remain immovable.
- C4 1-7 Pattern C3, but the movements are executed in opposite direction (nevertheless at every turn the R first).
- A+B1+B2 Repeat the dance. On the last count: stamp on the R ft, raising arms high over head.

Presented by Huig Hofman

TRALMAN

(Belgium - Flanders)

- Music: Record: "Dans met ons ..." S221
- Formation: Cpl dance, single circle of cpls, facing CCW, L hand on L shoulder of the one ahead

MeasuresPattern

- I. In a single file
- A1 1-2 Two two-steps fwd, starting on L ft.  
       3 Touch L heel fwd and close L ft besides R. Ptrs look at each other over W's L shoulder.  
       4 Touch R heel fwd and close R ft beside L. Ptrs look at each other over W's R shoulder.  
       5-8 Repeat pattern 1-4. At the end, closing R ft, quickly a halfway turn CW.

## TRALMAN (continued)

- A2 1-8 R hand on the R shoulder of the one ahead, repeat action A1, but moving CW and ptrs looking at each other over M's shoulder (R and L); at the end, M only a halfway turn CW, so that ptrs face.

Chorus

- B1 1 Clap both hands on own thighs, in ptr's R hand.  
 2 Clap both hands on own thighs, in ptr's L hand.  
 3-4 Join L hands with ptr, two step-hops, M on the spot (beginning L ft) and W turning CW under the arch of the arms (beginning R ft).  
 5-6 Repeat action of meas 1-2.  
 7-8 Join L hands with ptr, two step-hops, W on the spot (beginning L ft), M turning CW under the arch of the arms (beginning R ft).  
 B2 1-8 Repeat pattern B1.

II. In ballroom pos

- A1 Ptrs closed ballroom pos, double circle, M's back to ctr.  
 1-2 Four slides sdwd progressing CCW.  
 3-4 Ptrs joining both hands look and bow twice at each other (L,R), ft closed.  
 5-8 Repeat action of meas 1-4.  
 A2 1-2 Ptrs closed ballroom pos, turn quickly CW halfway round, four slides sdwd progressing CW.  
 3-8 Repeat action of meas 3-8.

Chorus

- B1 and B2 Repeat pattern B1 and B2 (figure I).

III. In a big circle

- A1 1-2 Single circle, hands joined, four slides sdwd, progressing CW.  
 3-4 Without releasing hands, ptrs look and bow at each other, corners look and bow.  
 5-8 Repeat action of meas 1-4.  
 A2 1-2 Four slides sdwd, progressing CCW.  
 3-8 Repeat action of meas 3-8.

Chorus

- B1 and B2 Repeat pattern B1 and B2 (figure I).

Polka

- A1 and A2 Ptrs closed ballroom pos, polka turning CW and progressing CCW in the circle, end with M lifting W.

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FOLK DANCE CAMP - 1968